

Mapping Human Mobility During the COVID-19 Pandemic

Henry Weiland

Harvard University

October 11, 2025

Visitors are returning to most — but not all — of America's downtowns

METRO

Midtown, Lower Manhattan foot traffic down 33% — one of worst post-COVID rates in US

By **Carl Campanile**

Published Nov. 5, 2023, 12:33 p.m. ET

 261 Comments

Downtown San Francisco's foot traffic still lags

Research Questions & Contribution

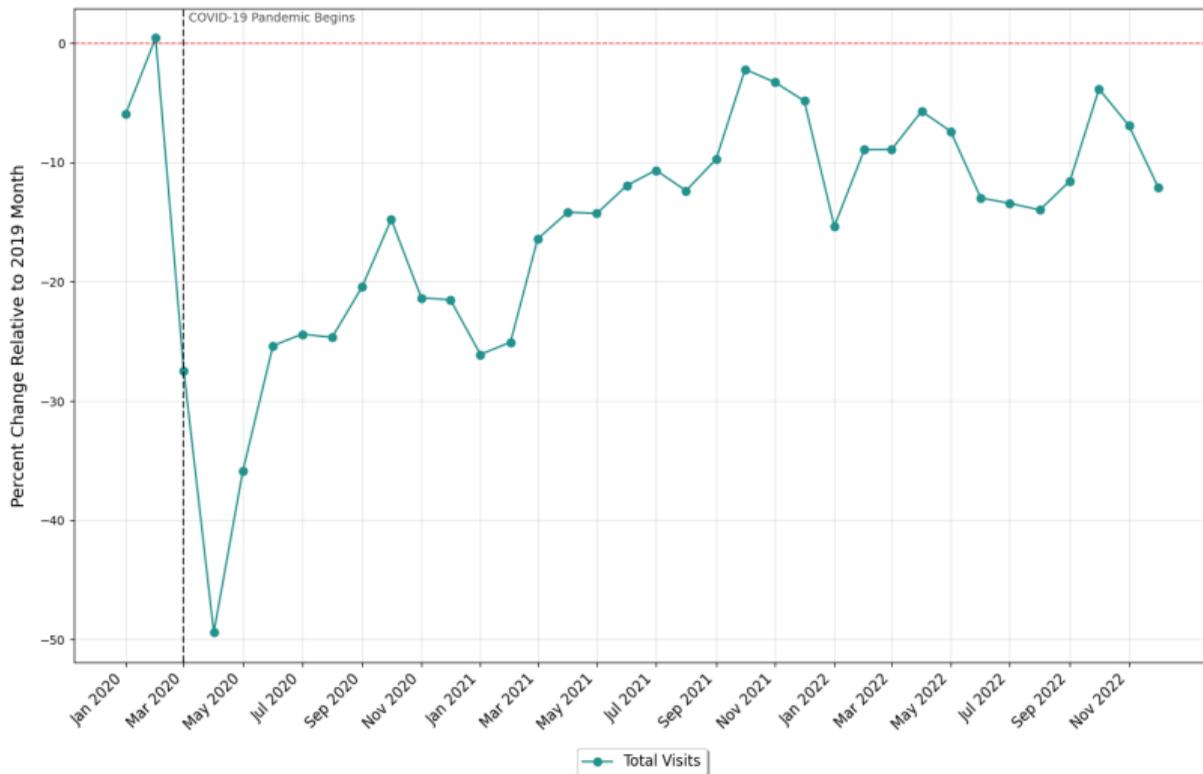
- Q1: How can we quantify the nationwide declines in visits using big data?
 - ▶ Contribution: Extend analysis with a larger panel, including non-urban areas (Yabe et al., 2023).
- Q2: How effective were pandemic-era policies in restricting visits?
 - ▶ Contribution: First (known) study to evaluate the effect of COVID policies on long-term visit patterns in 2022.

Advan Monthly Patterns

- Dataset of monthly cell phone location records for approximately 40 million individuals from 2019–2022.
 - ▶ A visit is logged when a device is detected at a commercial location, such as Walmart.
 - ▶ The sample is not fully representative but broadly approximates the U.S. population (Li et al., 2024; Grigoropoulou and Small, 2024).
- Visits are aggregated across locations, covering 98% of Census Tracts.
- Enables analysis of visit patterns across geography and time (Q1).

Figure: Nationwide Visits Time Series

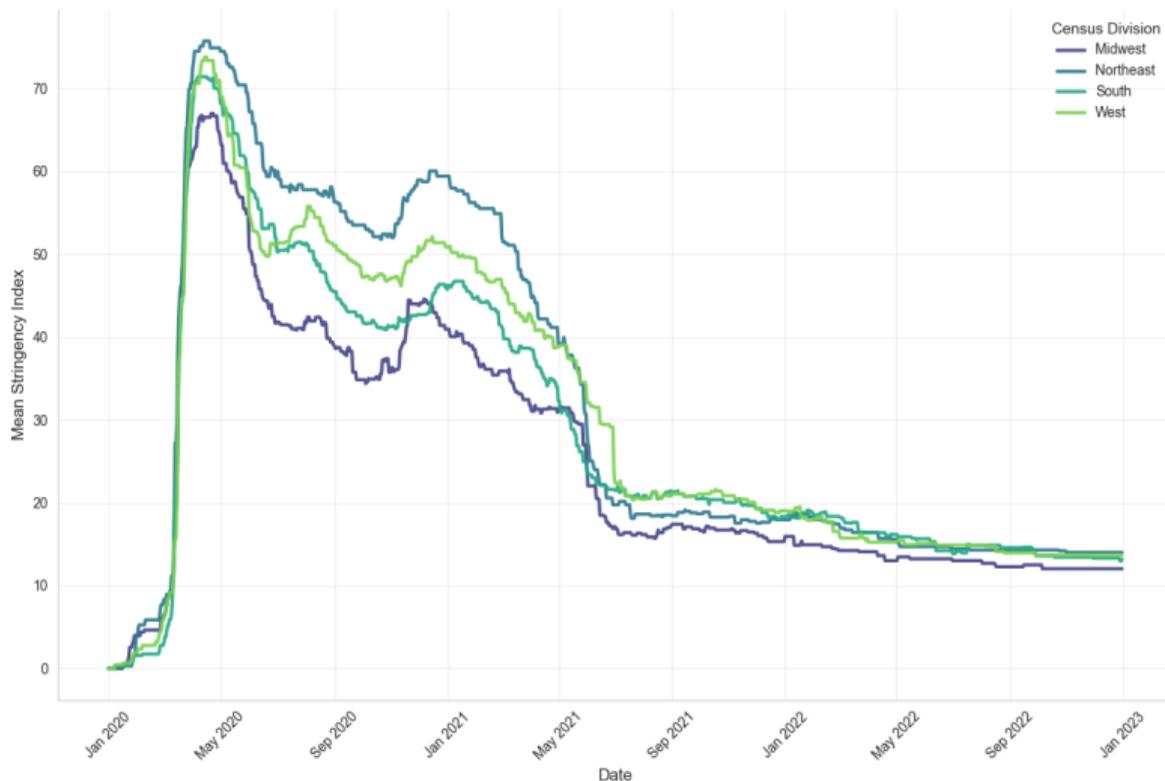
Visits remain 10% below 2019 levels throughout 2022 following the initial shock.



- Dataset documenting state-level COVID-19 policies from 2020-2022 (Hale et al., 2021).
 - ▶ Tracks measures such as school and workplace closures, gathering restrictions, stay-at-home requirements, etc.
- Policies are converted into standardized scores and combined into a single variable called the stringency index.
 - ▶ Provides comparable measures of COVID-restrictions across states and over time.
- Variation across states and over time in the stringency index enables identification of COVID policy effects on visits (Q2).

Figure: Mean Stringency Index by Census Division

State policies diverge across regions after early 2020, enabling identification.



Empirical Strategy

- Leverage county-border pairs to compare similar neighboring counties subject to different policies.
 - ▶ “Twin” counties that sit on opposite sides of a state border share local economic and epidemic conditions, but were subject to different COVID policies.
 - ▶ Example: Rensselaer County, NY and Berkshire County, MA are neighboring counties separated only by the state line.
 - ▶ Allowing multiple county matches yields 33,360 county-border pairings.
- Regression specification:

$$\ln y_{ipt} = \alpha + \beta \text{Stringency}_{i,t}^{\text{z-score}} + \gamma_i + \delta_{p \times t} + \epsilon_{ipt}$$

- ▶ y_{ipt} = aggregated visits in county i , border-pair p , time t .
- ▶ γ_i = county fixed effects.
- ▶ $\delta_{p \times t}$ = border-pair-by-time fixed effects.
- ▶ Standard errors clustered at state and border-pair levels.

Table: County-Border Pairs Regression

	Log Total Visits					
	All Counties				Border Counties	
	(1)	(2)	(3)	(4)	(5)	(6)
Stringency Index (z-score)	-0.060*** (0.015)	-0.039*** (0.011)	-0.052*** (0.011)	-0.034*** (0.009)	-0.065*** (0.014)	-0.020** (0.008)
County FE	✓	✓	✓	✓	✓	✓
Year-Quarter FE	✓	✓	✓	✓	✓	✓
Year-Quarter × Census Division		✓	✓			
State Linear Time Trends			✓			
Year-Quarter × MSA				✓		
Year-Quarter × County Pair						✓
Observations	44,912	44,912	44,912	26,208	33,360	33,360

Takeaways

- Cell phone data indicates nationwide visits remain about 10% below 2019 levels through 2022.
 - ▶ The composition of who visited which places (e.g., segregation) stays consistent, while the total number of visits declines.
- Using the county-border design, stricter COVID policies are associated with lasting 2% reductions in visits in 2022.
 - ▶ Declines are larger in interior counties than border counties, suggesting spillover effects from neighboring states.

Thank you to IAES and all those that listened!